

The Ultimate Holiday Gift Guide For Vegans

A Very Merry

Vegan, Sexy, Cool

Christmas Gift Guide



Vegan · Sexy · Cool

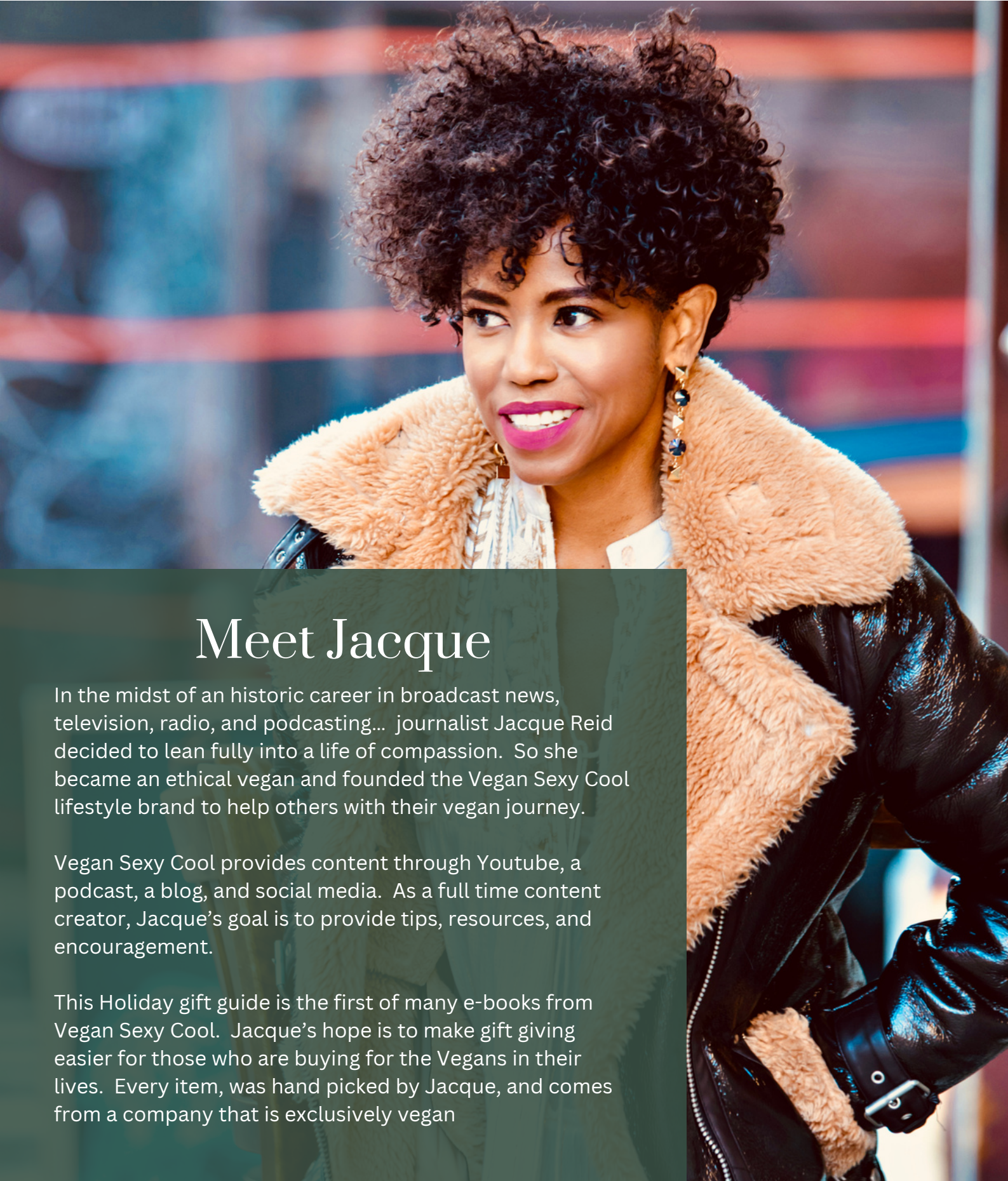
— A Jacque Reid Experience —

Meet Jacque

In the midst of an historic career in broadcast news, television, radio, and podcasting... journalist Jacque Reid decided to lean fully into a life of compassion. So she became an ethical vegan and founded the Vegan Sexy Cool lifestyle brand to help others with their vegan journey.

Vegan Sexy Cool provides content through Youtube, a podcast, a blog, and social media. As a full time content creator, Jacque's goal is to provide tips, resources, and encouragement.

This Holiday gift guide is the first of many e-books from Vegan Sexy Cool. Jacque's hope is to make gift giving easier for those who are buying for the Vegans in their lives. Every item, was hand picked by Jacque, and comes from a company that is exclusively vegan



Shopping For Vegans 101



Yes, shopping for vegans requires a little extra thought. I can't tell you how many times someone has given me a gift made of leather, chocolates with dairy ingredients, or beauty products tested on animals. I usually don't say anything, because they mean no harm. But it is disappointing. Even though I appreciate the thought, I now have something I can't use. And I would think gift givers want to give something that makes that person happy, whether they are vegan or not.

But shopping for vegans really is not that difficult. The first step is realizing that vegans are not just vegan in the kitchen. Veganism is not a diet, it is a lifestyle rooted in activism. The focus of that activism is to fight against animal cruelty and exploitation. That means we don't buy anything made with materials or ingredients from animals. That includes no leather, suede, fur, cashmere, wool, silk, gelatin, dairy, eggs, honey, feathers and more. It also means we don't want anything tested on animals when it comes to our beauty products or anything else.

Wrapping your head around all of that can be challenging during the hustle and bustle of the holiday season. To make things easier, I decided to create this guide full of some of my favorite vegan things. My hope was to provide you with a variety of options within various categories so you can find the perfect gift for someone else or for yourself.

TIPS: Click on the main photo to go to the company link. Make sure you thoroughly go through each of these websites. For many, I was only able to post a few photos, but there is so much more I wanted to include, especially for men.



FASHION

Nikki Green

VEGAN SIGNATURE COLLECTION





Listen... this Green suit is fire! I first saw it at the Vegan Women's Summit when brand co-founder, fellow Vegan, and entertainer Dominique Side was walking around in it. It looked so lux because of the material and the tailoring. I had an opportunity to wear it (on loan) myself during a recent appearance on the Sherri Show, and when I tell you the fit was CRAZY... meaning perfection. It is so well made, even the hardware is high-end. The company is the brainchild of Dominique and her long-time stylist, Christian Allen. The goal is to provide chic yet sustainable, Vegan luxury fashion. Mission accomplished! Be sure to check out their entire Luxury Vegan Signature Collection catalogue.



FASHION

Pifieri Shoes

LUXURY BEYOND LEATHER



www.vegansexycool.com



As a certified fashionista, I almost died when I heard about this Italian brand, which originally was only available in London. Founder and head designer, Alfredo Piferi, started his career at Valentino and was the Head of Design for Jimmy Choo before launching this Vegan brand. His goal is to give the world chic, high-quality Italian shoes that are cruelty-free and environmentally friendly. In addition to the brand site, you can find these shoes at high-end department stores.



FASHION

Frida Rome

FOR BAD GIRLS WHO DO GOOD
THINGS





Let me just say, I want every bag from this brand. I caught my first glimpse of their black cross-body bag on IG, and I could not get to the website to place my order fast enough. Once the bag arrived in London, I could tell right away that much thought went into the construction of this bag. It is gorgeous and the details make it special. For example, that faux fur panel is just genius. And don't miss the Erotic Story feature, which is fitting since the founders say they want to design for "Bad Girls Who Do Good Things". The perfect gift for me (if I had to choose one) would be the Week/End cross body in tan.



FASHION

Love the Label

SUSTAINABLE CAPSULE WARDROBE





This brand is for the Vegan who does not want to stress about what to wear. I first discovered this brand through a fashion gift box from PETA. The faux leather pants had just the right give to slide into place and still gave a great fit around the waist. And the material fits like Vegan buttah. I had the opportunity to have a long conversation with co-founder and creative director, Jen Hardy, who is also a fellow Vegan. The goal of this brand is to give you contemporary wardrobe staples. I own several items from this brand and the quality and fit are impeccable.



FASHION

Pawj Boots/ Shoes

CLASSIC COMFORT W/OUT CRUELTY





I love the look of Uggs, but as a Vegan, I had to give up that brand. No worries though... Pawj has the Vegan-friendly look-a-likes I did not know I needed. Pawj is a family business focused on creating alternative products that avoid the use of animal skins or furs without sacrificing comfort and quality. Their products are made from the highest quality synthetics and faux fur available. There are several great options to choose from (including something for the fellas, which I will include in the men's gift section).



FASHION

Angela roi Bags

WE DON'T DO TRADE-OFFS. WE DON'T
TAKE SHORT CUTS



www.vegansexycool.com



I hate cheap-looking handbags. But my Angela Roi bags are nothing but great quality. I own the Grace Crossbody and the Zuri Key Chain and Pouch. The company is described as a no-sacrifice fashion brand, offering high-fashion styles that are ethical and approachable for all women. Their bags are constructed by hand with only the finest non-animal materials and the look is one of timeless elegance. They also have a great recycling program and open support for many social causes with specialized products.



FASHION

Matt & Nat

LIVE BEAUTIFULLY





I can't get enough of cross-body bags and I believe they will never go out of style because they are so practical. And this Erika bag is on my list of must-haves. I already own the xxx bag What I love ab. out my Matt and Nat bag is the quality of the material, including the hardware. Every product is well made and money well spent in my book. And they have just about everything and everything is ethically made, including recycled materials. They also prioritize the quality treatment of their workers



FASHION

Veerah Shoes

INSPIRED BY WOMEN, MADE FOR WARRIORS





When I tell you I can't say enough good things about these shoes. They are well made with the perfect blend of being stylish, comfortable, and consciously made. My favorites are the Venus Stiletto (BTW, all of the shoe styles are named after fabulous women) and the Mulan Stiletto Pump. The Venus is my go-to event shoe, especially with that bow which can be a moment. I have it in black and leopard. But I have my eye on the metallic silver. This particular style is made from recycled materials and (wait for it)... there is comfort padding for the balls of your foot. The owner, Stacy Chang, is a friend and a fellow Vegan, who is passionate about the details of her brand. Even opening the shoe box is an experience. Be sure to pay close attention to the shoe accessory section on the website.



FASHION & HOME

Aiya Ayia Bags

BEAUTIFUL THINGS, ETHICALLY MADE





It warms my heart to share this brand. Let's begin with the name... pronounced Eye-ah, which means caretaker-a person who takes care of another. It comes from my friend and fellow Vegan, Shaleen Ratsani. What I love most about Shaleen is her passion for making the world a kinder and better place by providing consciously created items. Every material used in this company is plant-based and sustainable, including dyes made from flowers and shipping envelopes that are 100% compostable. In addition to an array of luxury bags, Shaleen just launched a line of Vegan leather home décor items. What would I want as a gift from this company?



FASHION

Loci Sneakers

VEGAN STREET STYLE





Did somebody say street Style? I was first introduced to these shoes when they were gifted to me right before I made my first Vegan Sexy Cool appearance with my friend Sherri Sheperd. I had never heard of this brand before but when I received them, I could not contain my excitement.

This shoe instantly elevates a look, whether it is street style business casual, or just casual. I have 3 pairs and I wear them ALL THE TIME. The best part is not only do they look good, but their completely sustainable story is that every shoe is made from recycled plastic bottles. How do you not love that? Be sure to check out their recycling program where you get money towards your next purchase when you turn in old sneakers. What would I love as a gift?

Either the Classic or the Legend.



FASHION

Freja Totes

CARRY WITH KINDNESS





If your giftee needs a tote, this may be the brand to go with. Freja has a nice variety of totes and even offers a tote guide to help with your selection. This New York-based company likes to keep it simple and believes slowly, so they only release a few products each year.



FASHION

Niluu Vegan Silk

BEAUTIFUL VEGAN THINGS





Now listen, for Vegan fashionistas like me... owning a piece from this brand is a must. Most folks don't even consider silk when determining what materials Vegans avoid. But that's why Niluu is such a gem. Niluu put the work in to develop a lux Vegan silk and then utilize it to create some of the most coveted pieces in fashion. Their items are good for home, especially if you are entertaining or for going out. I own the robe that is a collab with the brand and PETA, and I feel like royalty every time I wear it.



FASHION

Sylth Virago

CHIC VEGAN STYLE





For the chic Vegan who loves cold-weather fashion, Sylth Virago is heaven in a shoe box.

They are giving the girls something special with the boots. I had the pleasure of meeting with the founders, and they are dedicated to using materials that do not harm animals but give you shoes that will make you feel confident in any room, especially one full of fashion influencers.

In addition to donating a percentage of sales to charity, they also have a repair program in which they will cover the cost of repairs after their shoes are sold (check their website for the particulars). I own the Penelope boot. It is comfortable, true to size, and very well made.



FASHION

The Veggie Taste

PLANT BASED TEES





Popular among the ladies, the Next Level N1540 Ideal V-neck t-shirt is lightweight, form-fitting, and figure-flattering. Made using 4 oz 60% combed ring spun cotton and 40% polyester lightweight jersey, the Next Level N1540 offers sought-after softness, a tear away tag, and durability to withstand the day-to-day grind. The ideal choice for women's V-neck t-shirts at wholesale prices, the Next Level N1540 adds flair to a basic tee and is pre-laundered so you don't have to worry about unwanted shrinkage. Go ahead, spice up your wardrobe. You won't regret it. *There is also a version for men.



BEAUTY

Henry Rose Perfume

SAFER FINE FRAGRANCE





Henry Rose checks all of the boxes. Finding a perfume fragrance you love is hard enough. So imagine adding cruelty-free and Vegan to the list. Well, this brand is all that and is toxin-free. They are big on ingredient transparency. When it comes to the right fragrance for you, they have a quiz that helps you find a match. They also have a \$45 dollar sample set that includes all of their fragrances. I have ordered this 3x already because I just can't decide. You can couple that sample set with some of their soaps or body moisturizers. I have tried both and love the smell and how they make my body feel. For this brand, it is everything to me. They truly take a very thoughtful approach to everything and as a big FYI, actress Michelle Pfeiffer is the founder. I have always loved her grace and elegance, so it makes sense that she is the brains behind this brand. certificate. I have always loved the grace and elegance of actress Michelle Pfeiffer, but before I knew this she owned this perfume brand I fell in love with the product.

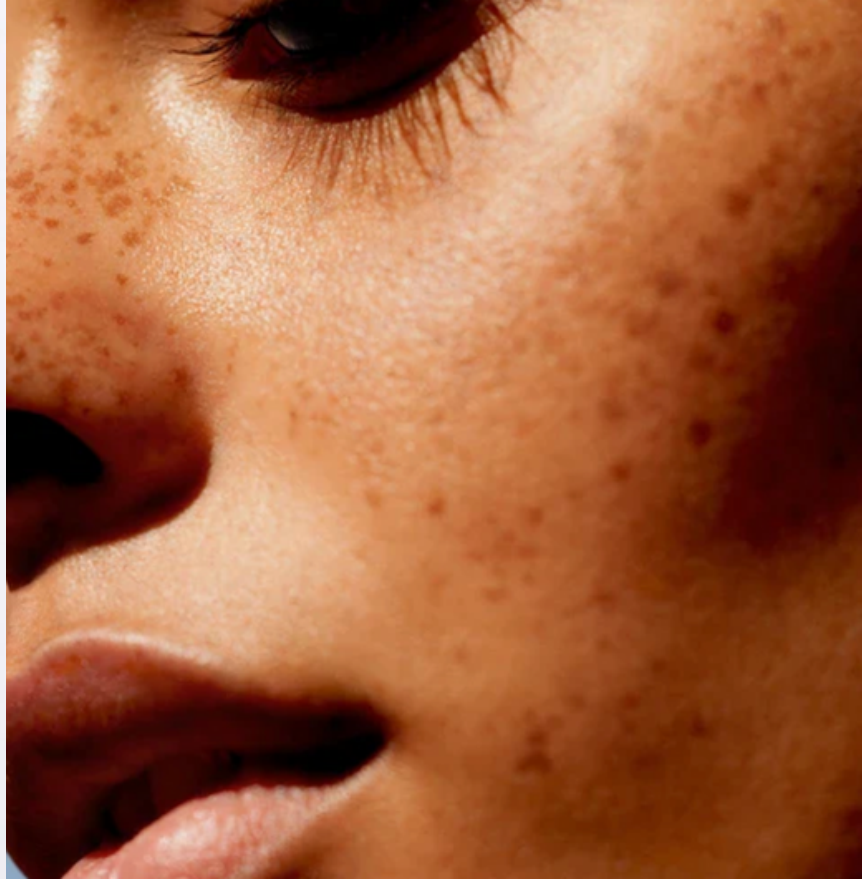


BEAUTY

Enzuri

CLEAN BEAUTY





Love love love having this as part of my skincare routine.

These products are intentionally made from natural ingredients such as Rose Hip Seed Oil and Neem Flower Leaf Extract. The ingredients process is inspired by our Founder's love for Bermuda. She is passionate about creating quality, luxurious products and treatments that simply work and help improve the quality of your skin and overall wellness. The goal is to encourage consumers to think differently about how they care for their skin.



BEAUTY

Biossance

CHANGING SKINCARE, THEN THE
WORLD





I have been using this product their products from this brand for a few years now and I love what it does for my skin. In fact, after using this product for a couple of years I visited a facial and my estitian wanted to know what I was using on my skin because she said it was well hydrated and looking healthy. Well, In addition to eating plant-based, it was the Biossance. Their tagline is skincare backed by science. A lot of beauty products use squalene, an ingredient derived from the liver of Sharks. Biossance scientists found a way to mimic this product using sugarcane. You can read all about it on their website, but the ingredient transparency choices and the results made me a regular customer. I would say you can't go wrong with any of these products.



BEAUTY

Firma Makeup Brushes

ANIMAL HAIR NOT REQUIRED





Animal hair is not required. As a TV anchor, host, and personality, I have spent a lot of time having my makeup professionally done. So when it comes to brushes, I own this set and I can confirm that it has everything you need for a finished and flawless look. It features brushes with soft bristles in different angles and sizes so you can set your foundation, craft dramatic eye looks, and create the perfect pout —all with one affordable makeup brush set. From contouring to blending, this set allows you to do elaborate looks for special occasions or simple makeovers for daily wear without having to compromise on ethics.



BEAUTY

Ella & Mila

POLISH WITH LOVE





This brand is another one of my target favorites. I love the wide variety of colors, as well as the base coat and quick dry polish and drops. I also use their polish remover from the bottle and the wipes. The website features an assortment of nail care products, such as nail brighteners and cuticle oil. What is clear to me is their passion for color and dedication to healthy beauty. In addition to being chip-resistant, quick-dry and high-shine.



BEAUTY

Milk Makeup

LIVE YOUR LOOK





Milk Makeup is all up in my make-up bag. They operate under a simple philosophy... start with good ingredients and turn those into effective formulas.

And that results in easy-to-use makeup that's 100% vegan, cruelty-free, and paraben-free...Always. And as a long-time customer, I can tell you these products wear well throughout the day and make me feel like I am putting on makeup that is good for my skin. If I had to choose a favorite product, it would be their Future Fluid All Over Cream concealer moisturizing concealer, which was named best concealer by Cosmopolitan magazine. As a Brown girl, let me add that I love the fact that they win huge points for diversity when it comes to their selection of foundations and concealers. They are available at Sephora if you want to talk to a professional before you buy.

BEAUTY

Kaike

CLEAN EFFECTIVE SKINCARE




www.vegansexycool.com



Kaike was launched by founder Keli Smith after she struggled to find clean skincare products that didn't irritate her eczema-prone, melanin-rich skin. What she was unable to find on beauty shelves, Keli created clean yet effective skincare treats that are easy and enjoyable. All of our water-free formulas are plant-based, and free of preservatives, parabens, and a list of other no-nos. I have not tried these products yet, but I did a deep dive on the website as well as recent media. It is a Vegan and cruelty-free company based in its practices and they have a large and loyal customer base.



BEAUTY

Jessie Monroe Nails

TOXIN FREE NAIL CARE





I love love love this brand and their commitment to excellence when it comes to toxin free product production and customer service. If there is a nail color you want, they probably have it.. espceially if it is fun. Of course, they are Vegan and cruelty free. I know founder Kalena Nettles-Williams and actually featured this brand on a national tv segment. In 2018 she noticed that nail salons wer not using products made by people of color. So she set out to change that with Jessie Monroe Nail Care, which is named after her grandmother.



BEAUTY

The Honey Pot

PLANT BASED FOR THE VAGINA





If you know what this brand is all about, you might be wondering why I would suggest this as a gift, lol. Hear me out. The Honey Pot is plant-based products for the vagina.

I put this in the category of self-care, so it would be perfect for a beauty/wellness gift box. I have used this product and I love it. The Honey Pot started in the kitchen of founder Bea Dixon. She had been suffering from bacterial vaginosis for 8 months when she had a dream with a vision to heal me and created The Honey Pot to solve what other brands wouldn't – “feminine care, powered by herbs®”



BEAUTY

Obia Natural Hair Care

VEGAN HAIR CARE





Natural Ingredients for Natural Products. The mission of OBIA Naturals is to produce pH-balanced, vegan, and herbal-based natural hair and body care products for women and men. Their eco-friendly line of hair care products works for all hair. The products are pH-balanced for naturally curly hair, but they also work in transitioning and/or relaxed hair. Through her health journey to rid her body of toxins, founder Obia changed her diet stopped using hair relaxers, and opted for the Big Chop. Her journey to find the right product for her naturally tightly coiled text leads her to create her own. They have a great gift guide full of bundles that should be a great place to start. They do offer a gift card so you can let your gift recipient choose for themselves.



BEAUTY

The Lip Bar

MAXIMUM IMPACT, MINIMAL EFFORT





Fed up with the toxic one-shade-fits-most beauty industry, the self-made CEO, Melissa Butler, turned her frustration into action. She began making vibrant Vegan lipsticks in her Brooklyn kitchen and is now TLB, an award-winning maximum impact, minimal effort beauty must-haves for all, available in more than 1000 stores nationwide. Can I tell you about the time I put in at Target shopping for lipsticks, foundation, and more from TLB? I know founder Melissa Butler personally and so of course I want to support... but real talk I am a huge fan of the product. I own more TLB products than any other makeup in my bag. So when I say I recommend everything, I mean it. If you are in the Detroit area, stop by their new flagship store location. For a gift, I would recommend grabbing a Vegan makeup bag and loading it up with TLB.

BEAUTY

Vegan Silk Pillow Case

BEAUTY SLEEP



 www.vegansexycool.com



This one is a no-brainer I mean we all know that sleeping on a cotton pillow is terrible for your hair and your skin. The go-to choice for many would be a silk pillowcase but vegans don't do silk, so this vegan silk pillowcase is a perfect alternative. You can add this to a beauty gift basket, or make it a stocking stuffer.



FOOD

Good Girl Chocolate

GUILT FREE CHOCOLATE





At last, a chocolate you can enjoy guilt-free! Good Girl Chocolate is unlike anything you have ever tasted. Good Girl Chocolate is gluten-free, dairy-free, and naturally sweetened. It will appeal to your sweet tooth, and satisfy your chocolate craving, and as an added benefit, it is made with organic low-glycemic sweeteners. I have interviewed this brand's creator, Dr. Tabatha, and her origin story for creating this brand based on health challenges is incredible (be sure to visit the website for more).

FOOD

Maya's Cookies

PERFECTLY DELICIOUS





Founded in 2015 by Maya Madsen, Maya's Cookies is America's #1 Black-Owned Gourmet Vegan Cookie Company. As a vegan with a sweet tooth, she had not been able to find that perfectly delicious, soft-baked gourmet vegan cookie, so she spent years crafting her award-winning and crowd-pleasing recipes. From the classic to unique and forward-thinking flavors such as "Chocolate Chip S'mores" and "Marble Fudge", every flavor has a story grounded in Maya's travels, memories, and experiences. Alongside providing the highest quality product that appeals to everyone, Maya's Cookies is committed to superior customer service and community engagement, with a focus on youth and underserved communities. Maya's Cookies ships nationwide- simply order as a treat for yourself or as a gift

SPIRITS

Sip & Share Wines

ARTISINAL VEGAN WINES





Sip & Share Wines is a boutique winery producing a diversity of handcrafted vegan wines. They are passionate about creating a community with wine, especially for wine lovers often overlooked and underrepresented by the wine industry. The wines are approachable to all palates, fun, and made to sip and share.



SPIRITS

Hera the Dog Vodka

HELPING DOGS ONE BOTTLE AT A
TIME



www.vegansexycool.com





The two founders of this Vodka company were on a mission to create a sustainable funding resource for grassroots animal rescues all over the world and decided to create Hera The Dog Vodka. Crafted with only 3 ingredients... organic wheat, water, and love. Also... no preservatives, and no sugar, is gluten-free, distilled 7 times, and slowly dripped through charcoal.

A portion of the proceeds from every bottle goes towards helping dogs in need. The alcohol industry generates billions of dollars in revenue a year, and we want to grab a cut of that for the animals. Why not, right? And how fun that we all get to enjoy delicious, high-quality spirits while making a difference in the world. Cheers to a whole new way to drink responsibly!

www.vegansexycool.com



KITCHEN TOOLS

*Soyabella Plant-Based
Milk Maker*

GAME CHANGING MILK





This would be a game changer in any Vegan kitchen. This plant-based milk maker makes fresh milk from nuts, seeds, grains, and beans in as little as 15 minutes. And for raw vegans, Soyabella makes delicious raw plant-based milks in seconds! It is also great for making delicious puréed soups, superfood cereals, nut and seed creams, and more.



KITCHEN TOOLS

Caraway Cookware

A CHEFS COOKING DREAM





For Vegans, cooking is a necessity, and what you cook with matters. And Caraway is my dream cookware. Caraway's ceramic-coated products are made without any toxic materials like PFAS, PTFE, PFOA, or other hard-to-pronounce chemicals. Ceramic's naturally slick surface means minimal oil for slide-off-the-pan items and easy cleaning. And the pieces are beautiful.



PETS

Unhide Dog Beds

SUSTAINABLE DOG LIVING





I love their pet beds, but so many gift options with this Vegan company. Unhide is a Vegan and sustainable brand for good homes. They have great products that will be kept for generations. They are 100% cruelty-free and strive to bring more sustainable options to every home. More than 50% of our product is made of recycled vegan fur, one of the highest percentages in the home goods space.



PETS

V-dog Breath Bones

PLANT-BASED DOG CHEWS





This company is in the business of saving animals and preserving the planet and not just pets all animals. The company is made up of a group of ethical vegans and back in 2005, they realized that the pet food industry needed a cruelty-free healthy option for dogs hey. But hey hey backGreat for any dog, but especially the Vegan friendly bunch. With natural and simple ingredients, these completely vegan chews improve your pups' dental health, provide a satisfying chew bone for your dog, and also give them extra fresh breath for plenty of kisses.



MEN

Brave Gentleman

WE DON'T VIEW ANIMALS AS
ACCEPTIBLE SOURCES OF FIBER





For the well-dressed man who cares. Brave GentleMan is an award-winning brand launched in 2010, most known for high-quality, expertly crafted footwear made with cutting-edge materials and ethical manufacturing. Brave GentleMan has been featured in Vogue, GQ, Forbes, and The Financial Times and photographed celebrities from Lukas Gage, Stephan James, Alan Cumming and Zach Woods to Liam Hemsworth, Joaquin Phoenix and Elliot Knight. In recent years, the brand was named Menswear Brand of the Year and Most Influential Designer by PETA.



MEN

Paravel Luggage

THE FIRST CARBON NEUTRAL LINE OF LUGGAGE





This luggage is high on my wish list. Paravel luggage is impeccably designed and every piece is just gorgeous. this brand is multifunctional, sustainable, and Vegan. The company created the first carbon-neutral line of luggage. All leather features are recyclable Vegan leather. Great for the man or woman in your life.



BOOKS

Womb Strong

TINA MARIE FULLER

WOMB STRONG

Tearing Through The Complexities
of Fibroid Healing and Weightloss



"As a physician who has suffered from fibroids, I still know my lane...traditional medicine does not give the nutritional tools that Tina has mastered in her lane. This guidebook takes you on a road trip that is a journey of a lifetime!"

-Ayana Herbert, MD

TINA MARIE FULLER


www.vegansexycool.com



Tina is a 2x author, a Certified Integrative Nutrition Coach through IIN, the Institute of Integrative Nutrition, and an Emory University-trained Health Coach. As a proud advocate of womb health and plant-based nutrition, nothing pleases her more than her ability to heal herself significantly and help others do the same. Tina has become a voice, an inspiration, and a trusted guide for others looking to LIVE healthily, healed, and fulfilling lives!



BOOKS

Stretch Your Stress Away

SHANAY NORVELL

Stretch
Your
Stress
Away with

Shanay

A Guide To A More Flexible
And Relaxed You

SHANAY NORVELL




www.vegansexycool.com



Stress is held deep in the fibers of your muscles. It can make you tense, restrict your range of motion, and hamper your daily movement. In this easy-to-follow guide, celebrity trainer ShaNay Norvell teaches how to move your body in ways that will release tension, lengthen your muscles, relax, and energize you. You will learn stretches you can do anytime to stretch your stress away!





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Vegan · Sexy · Cool
— A Jacque Reid Experience —